

WSCP introduces

WAYLAND FITNESS CENTER SUMMER MEMBERSHIP

June 23rd – August 21st

Come Get Fit at Wayland High!

Mon/Tues/Thurs: 8-9:30am & 2:30-5:30pm; Wed: 3-4:30pm; Fri: 3:30-5:00pm

PROGRAM DESCRIPTION

Starting this summer, the \$100,000 Fitness Center housed in Wayland High School will be open to the public. It will be open 16 hours a week, at prescribed times each day, from June 23rd until August 21st. It will be staffed full-time by NSCA Certified Strength and Conditioning Coach (and Wayland Alum), Sam Breslin. Professional fitness programs and instruction will be available to all Wayland students and athletes that desire formal support. Those wishing to use the Fitness Center without coaching support during the prescribed hours are also welcome.

MEMBERSHIP REGISTRATION

Member Name: _____ Gender: M / F Age: _____

Entering Grade: 8 9 10 11 12 Alumni: _____ Wayland Resident: _____

Phone: _____ Member E-Mail: _____

Emergency Contact: Name: _____ Phone: _____

Fee Enclosed*: \$75 for Student/Alumni \$100 for Wayland Resident

**Make check payable to: WSCP -- Note "Fitness Center" in the memo section.*

AGREEMENT TO POLICIES/LIABILITY WAIVER

My signature on this form indicates agreement to abide by the policies set forth by the Fitness Center Personnel for the duration of this membership. My signature on this form also indicates that I am not under restriction by a medical professional regarding exercise and using weight training equipment such as that in the Wayland Fitness Center.

I/We release the Wayland School District, the Wayland Fitness Center and its supervisors of liability in case of injury or accident and agree to allow Fitness Center personnel to obtain medical treatment for the member listed below should it become necessary. Failure to abide by these policies may lead to temporary or permanent suspension of membership privileges without membership fee refund.

Signature of Member

Date

Signature of Parent/Guardian

Date

Office Use Only: Payment date:

Cash Amt.

Check #

Recd. By: